



# Mushroom Pulse Warmers

by Adrian Bizilia



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## PATTERN NOTES:

### YARN:

This is an excellent pattern for the first time steek-cutter, but to get satisfactory results, some conditions need to be right. You really want to use wool yarn. If you use something else, I cannot be held responsible for what happens when you cut it (it will likely be bad). Your absolute best bet is to use a "sticky" yarn, like the yarn called for in the pattern, or any of the available Shetland jumperweight yarns used in Fair Isle knitting. These hairy yarns have fibers that grab onto each other and stay stuck together. While you're knitting, these yarn strands grab each other and begin to form a cohesive fabric that only gets more cohesive with washing and time. When you cut into fabric knit tightly from these yarns, it doesn't unravel. If you would like to use a smoother wool yarn, consider reinforcing your steek stitches before cutting.

### STEEKS:

I've built 8 steek stitches into the pattern, which is plenty for either unreinforced or reinforced steeks in this small gauge.

Eunny Jang has lovely and thorough tutorials on steeks online here:

[http://www.eunnyjang.com/knit/2006/01/steeking\\_chronicles\\_the\\_should.html](http://www.eunnyjang.com/knit/2006/01/steeking_chronicles_the_should.html) and on paper in "Steeks: Cutting the Edge", *Interweave Knits, Winter 2006*

See these tutorials for finishing cut edges, as well.

### GAUGE:

It's probably a bit much to ask that you knit a gauge swatch for an item that's the size of a gauge swatch, so I've knit a swatch in stockinette on size 0 needles, and got 8.75 sts. per inch. Your color-work tension could easily vary from mine, but this should give you an idea of your gauge in charted pattern if you're feeling brave. The garter edges are knit flat, which gives you an opportunity to take your work off the needle, lay it flat, and be honest with yourself about the size.

**The gauge for this pattern is 9.5 sts. and 11 rows per inch in chart pattern.**

### NEEDLES:

I used the Magic Loop method, but you may use dpns or, as Melissa pointed out on my blog, knit both at the same time, all in one big round with a steek in between each pulse warmer, on a 16" circular. Genius. The pattern calls for knitting the garter edging flat, so you'll have to knit two of those, then join into the round, adding steek stitches, as called for in the pattern, in between.

### ABBREVIATIONS:

C/O— cast on

sts.— stitches

K— knit

PM— place marker

P/U— pick up

B/O— bind off

### SUPPLIES:

**YARN:** Rauma & Røros Lamullgarn- 1 skein each of #11 (MC— white), # 43 (CC— red) and #15 (CC2—black), 250 meters/50 gram each. 2 ply 100% lambswool —OR— approx. 15-25 grams of MC and very small amounts of CC & CC2 fingering weight wool yarn

**NEEDLES:** Size 0 US (see notes)

**BUTTONS:** 4, approx. 3/4" in diameter

**SIZE:** S (M, L, XL)

**TO FIT:** 5"- 5.5" (6"-6.5", 7"-7.5". 8"-8.5") -measure wrist over wrist bone

**ACTUAL MEASUREMENT:** 7" (8", 9", 10" ) long and 3" high (includes button bands)

### PATTERN:

With MC, C/O 52 (62, 72, 82) sts.

Do not join. Work 4 rows garter stitch (K every row).

Cast on 6 sts. at end of 4th row. Do not turn.

Join into round, K1, and PM.

Knit chart, beginning at stitch #9, 2.5 (3, 3.5, 4) repeats per round.

After 2.5 (3, 3.5, 4) repeats, PM and knit 8 steek sts. Your steek not has markers on either side.

After chart, K around in MC, stopping at marker before steek. K1, B/O 6. Remove markers.

Working flat, work 4 rows garter stitch.

B/O knitwise.

Wash and block. Cut steek between sts. 4 & 5.



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## BUTTON BANDS:

Alternate the side with buttonholes for left and right pulse warmers.

### For both sides:

With right side facing, P/U 28 sts. evenly across garter edgings and between sts. 8 & 9 or before st. 1 as indicated by maroon lines on chart.

### For plain side:

Work 11 rows garter stitch. B/O knitwise.

### For side with buttonholes:

Work 4 rows garter stitch.

Next row: K6, B/O 4, K8, B/O 4, K6

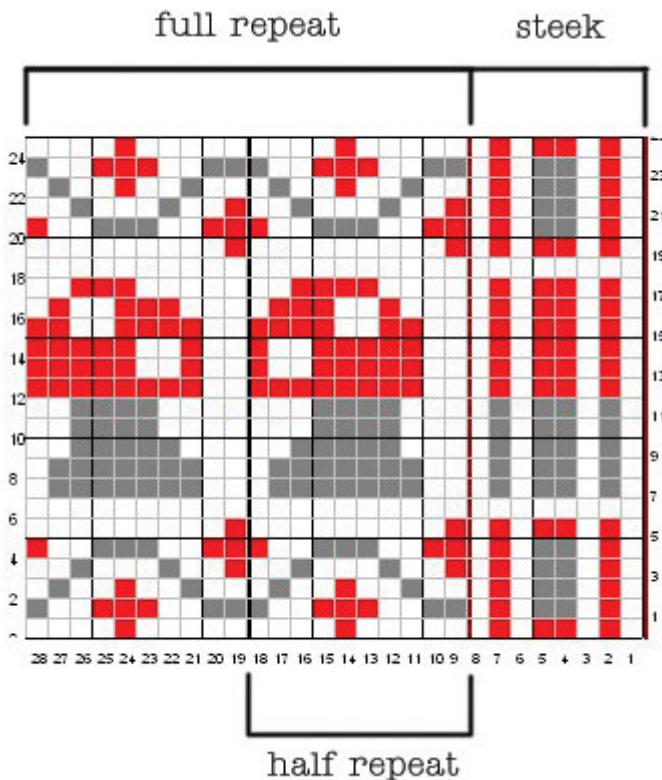
Next row: K6, C/O 4, K8, C/O 4, K6

Work 5 rows garter stitch.

B/O knitwise in MC.



Weave in ends. Sew on buttons. Finish cut edge as desired or not at all. (see notes)



## KEY:

white square- MC

red square- CC

gray square- CC2

Chart is knit entirely in stockinette stitch.